

We have an informal get-together for coffee on the 1st Wednesday of every month, between 10:30am and 12:30pm at Dobbies Garden Centre, Woodbridge, IP13 6HX.

We would welcome anyone living with MND, their family, carers or friends.

If you think this is something you could like to come to, please let me know either by phone or email. Or just drop in, we'll be very happy to see you.

Gill Solway - Association Visitor
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