

Festive Period Contact Numbers Norfolk and Waveney Area

Over the Christmas and New Year period services may be closed or your normal contacts may be on annual leave. We are aware you may need advice and support and emergency care so we have put together some useful numbers.

- **District Nursing Support**
Norwich and South Norfolk 01603 518444 out of Hours 01603 481234
North Norfolk 01692 408051/ 01692 408051
East Coast and Waveney 01493 809977
- **Emergency Health Care**
Tel **999** Non-emergency health advice and out of hours GP **111**
- **Care**
Swifts and Night Owls (24 hours)
Provides free help and support if you have unplanned need at home but do not need emergency service (including falls) **0344 8008020**
Social Services Adult Care (Norfolk) 0344 800 8020
Social Services Adult Care (Suffolk) 0808 800 4005
Carers Matter Support 0800 0831 148
- **Respiratory Service**
Norwich Hethel ward Tel 01603 289968
Papworth Patient 24hr helpline 01480 364 259
- **Palliative and Hospice at Home care**
Based at Priscilla Bacon Lodge 01603 255720
For East Coast hospice at Home 01493 809977
- **Problems with Equipment**
NRS 0300 1000 716
- **Fresenius Kabi Helpline (24hr)** 0808 100 190

Other services do not provide 24hr cover but you can leave messages

MND Connect 0808 802 6262

MND Care Network Norwich 01603 647221